

## Sandefjord Open Høst 2023



02.09.2023, Sandefjord / Hjertnes Kulturhus

**OFFICIAL CONTEST RESULTS****Mens Physique Junior**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1			Score
1	6	Ådne Hagen	/ Kaliber Gym FKK		/	5			5
2	3	Remi Lauritzen	/ Team LiveFit		/	11			11
3	7	John Myrvang	/ Haralds Gym		/	14			14
4	1	Methuban Thuraiajah	/ Team Toppform		/	21			21
5	4	Gard Sveipe Bahmanyar	/ Partner Fitness Team		/	26			26
6	5	Michael Rødsand	/ Team iFocus		/	26			26
7	2	Sigurd Haugerød	/ Mecca Fitness Team		/	34			34

Σ=7

**Mens Physique Master**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1			Score
1	9	Khanh Dang	/ Team Vitality		/	6			6
2	8	Jan Henrik Øvergaard	/ Colosseum KK		/	9			9

Σ=2

**Mens Physique Debutant -179 cm**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2		Score
1	18	Isak Emil Ramstad	/ Team Elite		/	5	5		5
2	15	Remi Lauritzen	/ Team LiveFit		/	11	10		10
3	12	Aleksander Ramsland	/ Team Fit2gether		/	18	18		18
4	17	John Myrvang	/ Haralds Gym		/	16	19		19
5	10	Husseini Jaffar	/ Haralds Gym		/	26	21		21
6	16	Kristian Ona	/ Kaliber Gym FKK		/	31	30		30
7	13	Jonas Letmolie	/ Haralds Gym		/	35			
8	25	Benjamin Furuberg	/ Team PS		/	38			
9	11	Stefan Sand Praxoulis	/ Team Toppform		/	44			

Σ=9

**Mens Physique Debutant +179 cm**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2		Score
1	23	Daniel Ramstad	/ Team Elite		/	5	5		5
2	21	Pål Morken	/ Team PS		/	10	11		11
3	30	Tomas Balciunas	/ Team Toppform		/	15	14		14
4	24	Alexander Furua Hansen	/ Team Toppform		/	25	22		22
5	20	Marcus August Veka	/ Team Exit		/	26	23		23
6	26	Gard Sveipe Bahmanyar	/ Partner Fitness Team		/	27	30		30
7	19	Michael Rødsand	/ Team iFocus		/	35			
8	22	Sigurd Haugerød	/ Mecca Fitness Team		/	38			

Σ=8

## Mens Physique -176 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	34	Martinus Andersen	/ Team Toppform		/	6	7			7
2	29	Julian Brekke	/ Haralds Gym		/	10	9			9
3	28	Aleksander Ramsland	/ Team Fit2gether		/	15	16			16
4	31	Thomas Lyngbø	/ Haralds Gym		/	18	20			20
5	33	Khanh Dang	/ Team Vitality		/	23	26			26
6	27	Jaffar Hussein	/ Haralds Gym		/	30	27			27
7	123	Kristian Ona	/ Kaliber Gym FKK		/	37				
8	122	Jan Henrik Øvergaard	/ Colosseum KK		/	38				

Σ=8

## Mens Physique +176 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	36	Daniel Ramstad	/ Team Elite		/	12	12			12
2	37	Ådne Hagen	/ Kaliber Gym FKK		/	16	12			12
3	38	Gaute Haugen	/ Haralds Gym		/	13	13			13
4	41	Isak Emil Ramstad	/ Team Elite		/	11	14			14
5	120	Pål Morken	/ Team PS		/	23	23			23
6	35	Marcus August Veka	/ Team Exit		/	32	30			30
7	40	Alexander Furu Hansen	/ Team Toppform		/	33				
8	39	Martin Einevoll	/ Team LiveFit		/	40				

Σ=8

## Mens Physique Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	34	Martinus Andersen			/	7				7
2	36	Daniel Ramstad			/	8				8

Σ=2

## Womens Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	42	Sjante (Jeanette) Hansen	/ Fit4flex		/	10	5			15

Σ=1

## Bodyfitness Debutant Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	44	Lise-Marie Sommerstad	/ Team Training Day		/	5				5
2	43	Caroline Andersson	/ Fit4flex		/	10				10

Σ=2

## Bodyfitness Master Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	47	Line Klevedal	/ Team Elite		/	5				5
2	46	Elma Tharaldsen	/ Team Vitality		/	10				10
3	48	Veronika Olijnyk	/ Haralds Gym		/	16				16
4	49	Aslaug Lia Pettersen	/ Team Elite		/	19				19
5	45	Caroline Andersson	/ Fit4flex		/	24				24

Σ=5

## Bodyfitness Senior Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	52	Line Klevedal	/ Team Elite		/	5				5
2	51	Emma Sofia Nilsen	/ Team Toppform		/	10				10
3	50	Jeanette Walle	/ Team Elite		/	18				18
4	53	Elma Tharaldsen	/ Team Vitality		/	20				20
5	55	Lise-Marie Sommerstad	/ Team Training Day		/	23				23
6	56	Veronika Olijnyk	/ Haralds Gym		/	29				29
7	54	Aslaug Lia Pettersen	/ Team Elite		/	35				35

Σ=7

## Wellness Fitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	57	Camilla Maria Jensen Velvin	/ Team City 24/7		/	5				5

Σ=1

## Classic Bodybuilding Debutant Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	61	Kim Walle	/ Team Elite		/	20	15			35
2	62	Sondre Næss	/ Team Exit		/	30	15			45
3	63	Eirik Hesseberg	/ Haralds Gym		/	32	14			46
4	60	Hercules Thorsen	/ Haralds Gym		/	28	21			49
5	59	Audun Due-Tønnessen	/ Team Elite		/	40	15			55
6	64	Truls Ilseth	/ Kaliber Gym FKK		/	56	26			82

Σ=6

## Classic Bodybuilding Master Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	65	Arnfinn Benterud	/ Haralds Gym		/	10	5			15

Σ=1

## Classic Bodybuilding Senior Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	67	Kim Walle	/ Team Elite		/	12	10			22
2	66	Fredrik Johansen	/ Haralds Gym		/	20	9			29
3	70	Audun Due-Tønnessen	/ Team Elite		/	42	17			59
4	121	Truls Ilseth	/ Kaliber Gym FKK		/	38	22			60
5	71	Hercules Thorsen	/ Haralds Gym		/	42	26			68
6	68	Sondre Næss	/ Team Exit		/	58	25			83
7	69	Arnfinn Benterud	/ Haralds Gym		/	70	35			105

Σ=7

## Classic Physique Master Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	72	Frank Ravn Hansen	/ Haralds Gym		/	10	5			15

Σ=1

## Classic Physique Debutant Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	73	Elias Sundsdal	/ Team Elite		/	10	5			15
2	74	Audun Due-Tønnessen	/ Team Elite		/	20	10			30
3	76	Eirik Hesseberg	/ Haralds Gym		/	30	15			45

Σ=3

## Classic Physique Senior Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	75	Elias Sundsdal	/ Team Elite		/	10	5			15
2	78	Penyo Kyuchukov	/ Porsgrun Fitness og Bodybuilding Klubb		/	20	10			30
3	77	Audun Due-Tønnessen	/ Team Elite		/	30	14			44

Σ=3

## Bodybuilding Debutant Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	79	Amandus Gottlieb	/ Haralds Gym		/	10	5			15
2	80	Mijahil Vasquez	/ Colosseum KK		/	20	10			30

Σ=2

## Bodybuilding Master Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	82	Gøran Jensen	/ Haralds Gym		/	10	5			15
2	81	Frank Ravn Hansen	/ Haralds Gym		/	20	10			30

Σ=2

## Bodybuilding Senior Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	84	Gøran Jensen	/ Haralds Gym		/	12	5			17
2	79	Amandus Gottlieb	/ Haralds Gym		/	18	10			28
3	83	Mijahil Vasquez	/ Colosseum KK		/	30	15			45

Σ=3

## Fit Pairs

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	124	Natalie Midtun, Markus Veka	/ Team Exit		/	5				5

Σ=1

## Bikini Fitness Junior Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	90	Malin Elvebakk Hansen	/ Kaliber Gym FKK		/	5	5			5
2	88	Natalie Midtun	/ Team Exit		/	14	12			12
3	89	Ingrid Flatla Knarud	/ B30Performance		/	14	14			14
4	87	Kristine Haraldsen	/ B30Performance		/	19	21			21
5	85	Fride Sagstuen	/ Kaliber Gym FKK		/	30	24			24
6	91	Mathea Rummelhoff Sætre	/ Team Exit		/	24	30			30
7	92	Silje Jakobsen	/ Kaliber Gym FKK		/	35				
8	86	Martine Haaland	/ Team Exit		/	40				

Σ=8

## Bikini Fitness Master Åpen

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	93	Linn Otterbu	/ Team Toppform		/	5				5
2	94	Alina Ramona Ionita	/ Haralds Gym		/	10				10
3	95	Yvonne Jurs	/ Fit4flex		/	16				16
4	118	Christine Lygre Enes	/ Team Exit		/	19				19

Σ=4

### Bikini Fitness Debutant -166 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	101	Malin Elvebakk Hansen	/ Kaliber Gym FKK		/	5				5
2	100	Zahra Hansen	/ Team Fit2gether		/	11				11
3	97	Kristine Haraldsen	/ B30Performance		/	16				16
4	99	May Linn Kåsa	/ Team Vitality		/	19				19
5	98	Silje Jakobsen	/ Kaliber Gym FKK		/	20				20

Σ=5

### Bikini Fitness Debutant +166 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	96	Astrid Helland	/ Team Toppform		/	5				5
2	104	Fride Sagstuen	/ Kaliber Gym FKK		/	10				10
3	107	Mathea Rummelhoff Sætre	/ Team Exit		/	17				17
4	103	Martine Haaland	/ Team Exit		/	18				18
5	106	Camilla Nicole Steen	/ Kaliber Gym FKK		/	25				25
6	102	Yvonne Jurs	/ Fit4flex		/	31				31
7	105	Christine Lygre Enes	/ Team Exit		/	33				33

Σ=7

### Bikini Fitness Senior -164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	109	Linn Otterbu	/ Team Toppform		/	6				6
2	111	Zahra Hansen	/ Team Fit2gether		/	10				10
3	110	Ingrid Flatla Knarud	/ B30Performance		/	18				18
4	112	Benedichte Olsen	/ Team LiveFit		/	20				20
5	108	Katarina Groth	/ Team PS		/	22				22

Σ=5

### Bikini Fitness Senior +164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	113	Mai-Linn Treurniet	/ Team Fit2gether		/	6				6
2	116	Astrid Helland	/ Team Toppform		/	9				9
3	114	Natalie Midtun	/ Team Exit		/	15				15
4	115	Floria Eriksen	/ Royal Fitnessklubb		/	21				21
5	117	Amanda Olafsson	/ Team Vitality		/	24				24

Σ=5

### Bikini Fitness Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	113	Mai-Linn Treurniet			/	5				5
2	109	Linn Otterbu			/	10				10

Σ=2