



2026-04-11, Kristianstad

OFFICIAL CONTEST RESULTS

Bodybuilding master

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1x 2	RD2	RD3	RD4	Score
1	2	Aleksander Os Lange	Team Elite	1986	90.2/182	10	5			15
2	3	Frode Rosvoll	Haralds Gym	1975	84.85/170	20	10			30
3	1	Morten Halvorsen	Alpha Athletes	1973	104.75/183	30	15			45

Σ=3

Bodybuilding senior

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1x 2	RD2	RD3	RD4	Score
1	4	Henrik Hildeskor	Prime Athletes	1989	101.5/181.2	10	5			15
2	3	Frode Rosvoll	Haralds Gym	1975	84.85/170	20	13			33
3	5	Morten Ruud	Team Toppform	2000	87.3/180.2	30	12			42

Σ=3

Mens Physique junior

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	7	Daniel Aune	Team Repocalypse	2003	/178.9	5				5
2	6	Mikolaj Napierala	Team Toppform	2007	/174.8	10				10

Σ=2

Mens Physique master

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	10	Rémy Klemetsen	Team City 24/7	1979	/180.1	5				5
2	8	Paulius Alaburda	Team Training Day	1985	/179.8	10				10
3	9	David Fugelsøy	Team Toppform	1974	/178.3	15				15
4	11	Kenneth Bech	Haralds Gym	1975	/168.8	20				20

Σ=4

Mens Physique senior -182 cm

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	14	Emmanuel Serge Christiansen	Porsgrunn Fitness og Bodybuilding Klubb	2000	/175.7	8	8			8
2	12	Joakim Pedersen	Team Elite	1996	/175.5	13	11			11
3	17	Rune Kihle	Prime Athletes	1987	/168.3	14	15			15
4	15	Petter Kvernberg	Edvartsen Athletes	1993	/176.7	15	15			15
5	7	Daniel Aune	Team Repocalypse	2003	/178.9	23	24			24
6	8	Paulius Alaburda	Team Training Day	1985	/179.8	31	30			30
7	13	Trym Veiby	Team Elite	1999	/178	34				
8	16	Henrik-Kristian Solvang	Kaliber Gym FKK	2000	/173.3	40				
9	11	Kenneth Bech	Haralds Gym	1975	/168.8	47				
10	6	Mikolaj Napierala	Team Toppform	2007	/174.8	47				

Σ=10

Mens Physique senior +182 cm

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	22	Hassan Aden Gudow	Edvartsen Athletes	1997	/184.4	5				5
2	18	Alexander Furu Hansen	Team Toppform	1991	/185.2	10				10
3	21	Dan Tomas Andersen	Team PS	1993	/187.5	15				15
4	19	Espen Eikeland Jarland	Kaliber Gym FKK	2000	/190.2	22				22
5	23	Per Eivind Støre Evensen	Team Toppform	1987	/185.8	22				22
6	20	Per Kristian Tronstad	Team Exit	1992	/182.5	29				29

Σ=6

Mens Physique senior Overall

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	22	Hassan Aden Gudow	Edvartsen Athletes	1997	/184.4	5				5
2	14	Emmanuel Serge Christiansen	Porsgrunn Fitness og Bodybuilding Klubb	2000	/175.7	10				10

Σ=2

Bodyfitness master

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	26	Jeanette Hansen	Alpha Athletes	1979	/161.4	5				5
2	25	Iselin Hell Liadal	Prime Athletes	1987	/175.5	10				10
3	24	Anette Ottesen	Prime Athletes	1990	/171.8	15				15

Σ=3

Bodyfitness senior

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	27	Iida Peltola	Finland	2001	/157.9	8				8
2	29	June Smørdal	Team Fit2gether	2002	/156.6	8				8
3	26	Jeanette Hansen	Alpha Athletes	1979	/161.4	16				16
4	28	Sandra Abrahamsen	Team Training Day	1998	/167.1	20				20
5	25	Iselin Hell Liadal	Prime Athletes	1987	/175.5	24				24
6	24	Anette Ottesen	Prime Athletes	1990	/171.8	30				30

Σ=6

Classic bodybuilding master

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1x 2	RD2	RD3	RD4	Score
1	2	Aleksander Os Lange	Team Elite	1986	90.2/182	10	5			15
2	31	Øyvind Brovold	Team PowerCore	1984	80.15/178	20	10			30
3	30	Imandeep Singh	Team Toppform	1986	80.2/17.8	30	15			45

Σ=3

Mens Classic Bodybuilding Junior

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1x 2	RD2	RD3	RD4	Score
1	32	Jakob Undbekken	Team Execute	2005	82.6/184.4	10	5			15

Σ=1

Classic bodybuilding senior

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2x 2	RD3	RD4	Score
1	33	Trym Eirik Lande Ulleberg	Kaliber Gym FKK	1998	80.5/177.1	6	12	7		19
2	38	Jarl Bjermeland	Team City 24/7	1987	75.5/172.5	12	24	9		33
3	31	Øyvind Brovold	Team PowerCore	1984	80.15/178	14	24	14		38
4	34	Markus Wang Benjaminsen	Team Elite	1994	83.95/179	19	40	22		62
5	37	Snorre Utengen	Kaliber Gym FKK	2000	76.8/175.6	33	52	25		77
6	36	Hans Deila Rivrud	Edvartsen Athletes	1997	/181.1	30	58	26		84
7	32	Jakob Undbekken	Team Execute	2005	82.6/184.4	34				
8	30	Imandeep Singh	Team Toppform	1986	80.2/178	36				
9	35	Andreas Sveinungsen	Kaliber Gym FKK	1994	/183.4	43				

Σ=9

Wellness

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	39	Solveig Kjøren Gjelstad	Team Fit2gether	1995	/155	5				5
2	40	Julie Grindbakken	Team PS	1996	/170.4	10				10

Σ=2

Fit Model

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	42	Biljana Milosev	Team Fit2gether	1993	/164.9	5	5			10
2	41	Saltanat Z Berntsen	Club-athletic	1986	/172	10	10			20

Σ=2

Classic Physique senior

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1x 2	RD2	RD3	RD4	Score
1	43	Kenneth Halvorsen	Team City 24/7	1992	76.2/176.5	10	8			18
2	33	Trym Eirik Lande Ulleberg	Kaliber Gym FKK	1998	80.5/177.1	20	10			30
3	38	Jarl Bjermeland	Team City 24/7	1987	75.5/172.5	28	12			40
4	31	Øyvind Brovold	Team PowerCore	1984	80.15/178	40	21			61
5	37	Snorre Utengen	Kaliber Gym FKK	2000	76.8/175.6	54	27			81
6	5	Morten Ruud	Team Toppform	2000	87.3/180.2	58	28			86
7	36	Hans Deila Rivrud	Edvartsen Athletes	1997	/181.1	70	35			105

Σ=7

Bikinifitness junior

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	44	Helmi Isotalo	Finland	2003	/173.5	6				6
2	45	Elise Hamre Wiik	Team Toppform	2003	/171.9	9				9

Σ=2

Bikinifitness master

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	47	Tina Stranden	Team Fit2gether	1977	/168.7	6				6
2	46	Keremsa Dominguez	Alpha Athletes	1990	/153	10				10
3	49	Chawee Alaburda	Team Training Day	1978	/155.7	15				15
4	48	Camilla Aalberg Skudal	Prime Athletes	1979	/167.7	20				20

Σ=4

Bikinifitness senior -166 cm

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	53	Kristine Röhl	Team Toppform	1994	/159	7	6			6
2	59	Ann Fossum	Team PowerCore	1997	/165.2	9	11			11
3	42	Biljana Milosev	Team Fit2gether	1993	/164.9	14	12			12
4	46	Keremsa Dominguez	Alpha Athletes	1990	/153	26	22			22
5	52	Rine Kleppen Bergseth	Team Fit2gether	2001	/161.3	21	23			23
6	51	Rikke Kaysdatter Sandberg	Team Toppform	1999	/164.4	31	30			30
7	49	Chawee Alaburda	Team Training Day	1978	/155.7	33				
8	50	Ida Malene Kleven Reian	Team Toppform	1997	/163.2	40				

Σ=8

Bikinifitness senior +166 cm

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	55	Tonje Gravdal	Team Fit2gether	1999	/168.6	7	7			7
2	56	Heidi Ørbech	Team Toppform	1993	/169.4	10	9			9
3	58	Viktoria Lindbak	Team Fit2gether	2001	/166.9	17	16			16
4	57	Niina Laamanen	Finland	2000	/168.5	17	20			20
5	45	Elise Hamre Wiik	Team Toppform	2003	/171.9	28	25			25
6	44	Helmi Isotalo	Finland	2003	/173.5	28	27			27
7	47	Tina Stranden	Team Fit2gether	1977	/168.7	36				
8	54	Kaja Sandnes	Team Fit2gether	2000	/167.4	36				
9	48	Camilla Aalberg Skudal	Prime Athletes	1979	/167.7	45				

Σ=9

Bikinifitness Overall

PLACE	No	NAME	COUNTRY/TEAM	BORN	BW/ BH	RD1	RD2	RD3	RD4	Score
1	55	Tonje Gravdal	Team Fit2gether	1999	/168.6	5				5
2	53	Kristine Röhl	Team Toppform	1994	/159	10				10

Σ=2