

Tønsberg Open 2025

06.09.2025, Tønsberg, Støperiet

Mens Physique Overall

					/					
1	35	Moha Yusuf	/ Team Elite		/	7				7
2	49	Truls Rakvåg	/ Haralds Gym		/	8				8

Σ=2

Mens Physique Debutant -179

					/					
1	4	Moha Yusuf	/ Team Elite		/	8	9			9
2	7	Sander Almlie	/ Getfit Gym		/	14	12			12
3	3	Hasan Amir	/ Team Elite		/	12	15			15
4	2	Emil Torjusen	/ Team PowerCore		/	24	21			21
5	10	Mert Ambarduzgun	/ Team Toppform		/	22	24			24
6	8	Yousef Hrateh	/ Haralds Gym		/	30	27			27
7	1	Aaed Alnajjar	/ Team City 24/7		/	38	35			35
8	15	Martin Bersås	/ Execute Fitness Team		/	43				
9	5	Rida Karim Kaher	/ Haralds Gym		/	45				
10	14	Musa Tekce	/ Team Toppform		/	46				
11	16	Jonas Harms Krokås	/ Team Exit		/	49				
12	11	Tommy Rydén	/ Team PS		/	62				
13	6	Philip Helgesen	/ Team Toppform		/	63				
14	9	Babak Aghazadeh	/ Team Vitality		/	68				
15	13	Youichi Pries	/ Execute Fitness Team		/	75				
16	12	Eskil Johansen	/ Team Toppform		/	80				

Σ=16

Mens Physique Debutant +179

					/					
1	21	Truls Rakvåg	/ Haralds Gym		/	5				5
2	20	Espen Finnestad	/ Team City 24/7		/	12				12
3	17	Martin Antonsen	/ Team Exit		/	14				14
4	23	Markus Skomedal Engh	/ Execute Fitness Team		/	23				23
5	22	Sander Harildstad	/ Haralds Gym		/	26				26
6	19	Oliver Overland	/ Kaliber Gym FKK		/	28				28
7	18	Vetle Holtet	/ Team Vitality		/	35				35

Σ=7

Mens Physique Junior Åpen

					/					
1	24	Truls Rakvåg	/ Haralds Gym		/	5	5			5
2	29	Yousef Hrateh	/ Haralds Gym		/	13	10			10
3	32	Yousef Al Qaroot	/ Team Elite		/	16	16			16
4	27	Mert Ambarduzgun	/ Team Toppform		/	16	17			17
5	33	Rida Karim Kaher	/ Haralds Gym		/	25	25			25
6	31	Sander Harildstad	/ Haralds Gym		/	32	30			30
7	30	Markus Skomedal Engh	/ Execute Fitness Team		/	36				
8	26	Oliver Overland	/ Kaliber Gym FKK		/	39				
9	28	Vetle Holtet	/ Team Vitality		/	44				
10	25	Eskil Johansen	/ Team Toppform		/	50				

Σ=10

Mens Physique -176

					/					
1	35	Moha Yusuf	/ Team Elite		/	5	5			5
2	42	Hasan Amir	/ Team Elite		/	12	12			12
3	38	Yousef Al Qaroot	/ Team Elite		/	16	15			15
4	41	Emil Torjusen	/ Team PowerCore		/	20	20			20
5	36	Yusif Asgarov	/ Porsgrunn Fitness og Bodybuilding Klubb		/	22	22			22
6	39	Jonas Harms Krokås	/ Team Exit		/	33	30			30
7	43	Martin Bersås	/ Execute Fitness Team		/	35				
8	37	Musa Tekce	/ Team Toppform		/	37				
9	40	Youichi Pries	/ Execute Fitness Team		/	46				
10	34	Michael Venables	/ Team Toppform		/	49				

Σ=10

Mens Physique +176

					/					
1	49	Truls Rakvåg	/ Haralds Gym		/	7	7			7
2	44	Maksims Smirnovs	/ Team City 24/7		/	8	8			8
3	50	Martin Antonsen	/ Team Exit		/	17	16			16
4	53	Steffen Angeltveit	/ Team Exit		/	18	20			20
5	52	Philip Helgesen	/ Team Toppform		/	30	25			25
6	45	Tommy Rydén	/ Team PS		/	31	29			29
7	51	Aaed Alnajjar	/ Team City 24/7		/	32				
8	47	Sander Harildstad	/ Haralds Gym		/	40				
9	46	Markus Skomedal Engh	/ Execute Fitness Team		/	44				
10	48	Vetle Holtet	/ Team Vitality		/	50				

Σ=10

Mens Bodybuilding Åpen

					/	x2				
1	55	Sondre Norberg	/ Team Exit		/	20	7			7
2	54	Petter Svendsen	/ Mecca Fitness Team		/	10	8			8

Σ=2

BodyFitness Debutant Åpen

					/				
1	56	Tuva Madsen	/ Team Exit		/	5			5
2	57	Silje Wintervold Folde	/ Team Vitality		/	13			13
3	60	Tale Moen	/ Team PowerCore		/	16			16
4	59	Tuva Senneseth	/ Kaliber Gym FKK		/	17			17
5	58	Malene Pedersen	/ Edvartsen Athletes		/	23			23

Σ=5

BodyFitness Junior Åpen

					/				
1	62	Tuva Senneseth	/ Kaliber Gym FKK		/	5			5
2	61	Malene Pedersen	/ Edvartsen Athletes		/	10			10

Σ=2

BodyFitness Master Åpen

					/				
1	63	Norma Beatriz Abreu	/ Team Flex		/	5			5

Σ=1

BodyFitness Senior Åpen

					/				
1	66	Tuva Madsen	/ Team Exit		/	8			8
2	68	Isabell Adolfsen	/ B30Performance		/	12			12
3	65	Silje Wintervold Folde	/ Team Vitality		/	13			13
4	67	Tuva Senneseth	/ Kaliber Gym FKK		/	22			22
5	64	Tale Moen	/ Team PowerCore		/	23			23
6	69	Malene Pedersen	/ Edvartsen Athletes		/	31			31
7	70	Aurelija Laurinaviciene	/ Mecca Fitness Team		/	31			31

Σ=7

Classic Bodybuilding Overall

					/				
1	106	Sander Tørnby Høyer	/ Team PowerCore		/	5			5
2	109	Patrick Bakke Edvardsen	/ Mecca Fitness Team		/	10			10
3	96	Per Andreas Humstad	/ Kaliber Gym FKK		/	15			15

Σ=3

Classic Bodybuilding Debutant -175

					/	x2			
1	72	Mathias Andreassen	/ Edvartsen Athletes		/	16	7		23
2	75	Alvaro Arias	/ Haralds Gym		/	22	9		31
3	71	Thomas Lund	/ Edvartsen Athletes		/	22	14		36
4	74	Daniel Haugen	/ Edvartsen Athletes		/	40	20		60
5	73	Henrik Lohmann	/ Kaliber Gym FKK		/	50	25		75

Σ=5

Classic Bodybuilding Debutant -180

					/	x2			
1	78	Sebastian Bleivik	/ Team PowerCore		/	12	5		17
2	76	Chris Sander Nilsen	/ Team City 24/7		/	20	14		34
3	77	Petrus Hagelund	/ Colosseum KK		/	30	14		44
4	80	Alexander Friis Mathiesen	/ Haralds Gym		/	36	18		54
5	79	Marius Pettersen	/ Haralds Gym		/	50	25		75

Σ=5

Classic Bodybuilding Debutant +180

				/	x2				
1	81	Patrick Bakke Edvartsen	/ Mecca Fitness Team	/	10	5			15
2	83	Tiziano Exposito Ramon	/ Kaliber Gym FKK	/	20	10			30
3	82	Tord Rorgemoen	/ Mecca Fitness Team	/	30	15			45
4	84	Thor Johan Amundsen	/ Edvartsen Athletes	/	40	20			60

Σ=4

Classic Bodybuilding Junior Åpen

				/	x2	x2			
1	90	Sander Tørnby Høyér	/ Team PowerCore	/	12	12	5		17
2	85	Sebastian Bleivik	/ Team PowerCore	/	20	20	10		30
3	88	Sondre Norberg	/ Team Exit	/	32	34	18		52
4	91	Mathias Andreassen	/ Edvartsen Athletes	/	38	36	17		53
5	92	Alvaro Arias	/ Haralds Gym	/	50	52	25		77
6	87	Tiziano Exposito Ramon	/ Kaliber Gym FKK	/	64	56	30		86
7	86	Alexander Friis Mathiesen	/ Haralds Gym	/	66				
8	89	Henrik Lohmann	/ Kaliber Gym FKK	/	80				

Σ=8

Classic Bodybuilding Master Åpen

				/	x2				
1	93	Aksel Bergheim	/ Haralds Gym	/	10	5			15

Σ=1

Classic Bodybuilding -180

				/		x2			
1	106	Sander Tørnby Høyér	/ Team PowerCore	/	5	10	5		15
2	101	Sebastian Bleivik	/ Team PowerCore	/	10	22	11		33
3	104	Sondre Norberg	/ Team Exit	/	18	38	18		56
4	99	Chris Sander Nilsen	/ Team City 24/7	/	19	38	19		57
5	100	Ricardas Vaicekauskas	/ Tean Vitality	/	22	46	23		69
6	105	Petrus Hagelund	/ Colosseum KK	/	30	60	30		90
7	103	Alexander Friis Mathiesen	/ Haralds Gym	/	35				
8	102	Sindre Bergheim	/ Team Vitality	/	40				

Σ=8

Classic Bodybuilding -175

				/	x2				
1	96	Per Andreas Humstad	/ Kaliber Gym FKK	/	10	5			15
2	98	Thomas Lund	/ Edvartsen Athletes	/	24	13			37
3	95	Daniel Huagen	/ Edvartsen Athletes	/	32	15			47
4	94	Roy-Kenneth Drivenes	/ Team City 24/7	/	32	18			50
5	97	Henrik Lohmann		/	50	25			75

Σ=5

Classic Bodybuilding +180

				/	x2				
1	109	Patrick Bakke Edvardsen	/ Mecca Fitness Team	/	10	5			15
2	108	Tiziano Exposito Ramon	/ Kaliber Gym FKK	/	20	10			30
3	107	Thor Johan Amundsen	/ Edvartsen Athletes	/	30	15			45

Σ=3

Womens Wellness Debutant Åpen

					/				
1	110	Aurora Ottesen	/ Team Next Level		/	7			7
2	111	Erica Gomes da Silva	/ Mecca Fitness Team		/	8			8

Σ=2

Classic Physique Overall

					/				
1	182	Sander Tørnby Høyer	/ Team Powercore		/	5			5
2	128	Carl Mentzoni	/ Team Vitality		/	10			10

Σ=2

Classic Physique Debutant Åpen

					/	x2			
1	115	Sebastian Bleivik	/ Team PowerCore		/	18	8		26
2	117	Kim Næss	/ Team PowerCore		/	16	12		28
3	118	Carl Mentzoni	/ Team Vitality		/	26	14		40
4	116	Bendik Blix	/ Mecca Fitness Team		/	40	20		60
5	114	Sander Varne	/ Team City 24/7		/	48	24		72

Σ=5

Classic Physique Junior Åpen

					/	x2			
1	125	Sander Tørnby Høyer	/ Team PowerCore		/	10	5		15
2	124	Sebastian Bleivik	/ Team PowerCore		/	20	10		30
3	122	Sondre Norberg	/ Team Exit		/	30	14		44
4	121	Mathias Andreassen	/ Edvartsen Athletes		/	44	23		67
5	119	Tiziano Exposito Ramon	/ Kaliber Gym FKK		/	56	29		85
6	120	Kamil Maciag	/ Haralds Gym		/	60	29		89
7	123	Sander Varne	/ Team City 24/7		/	60	32		92

Σ=7

Classic Physique Master Åpen

					/	x2			
1	126	Roy-Kenneth Drivenes	/ Team City 24/7		/	10	5		15

Σ=1

Classic Physique -175

					/	x2			
1	128	Carl Mentzoni	/ Team Vitality		/	10	5		15
2	130	Thomas Lund	/ Edvartsen Athletes		/	22	11		33
3	129	Roy-Kenneth Drivenes	/ Team City 24/7		/	32	14		46
4	127	Daniel Haugen	/ Edvartsen Athletes		/	36	20		56

Σ=4

Classic Physique +175

					/	x2			
1	182	Sander Tørnby Høyer	/ Team Powercore		/	10	5		5
2	132	Sebastian Bleivik	/ Team PowerCore		/	20	10		10
3	133	Kim Næss	/ Team PowerCore		/	36	17		17
4	131	Sondre Norberg	/ Team Exit		/	34	18		18
5	134	Bendik Blix	/ Mecca Fitness Team		/	50	25		25
6	135	Thor Johan Amundsen	/ Edvartsen Athletes		/	60	30		30

Σ=6

Womens Wellness Åpen

					/				
1	113	Erica Gomes da Silva	/ Mecca Fitness Team		/	7			7
2	112	Aurora Ottesen	/ Team Next Level		/	8			8

Σ=2

Bikini Fitness Overall

					/				
1	174	Anita Strand	/ Team Fit2gether		/	5			5
2	164	Sonja Younesi Arghdeh	/ Team Fit2gether		/	10			10
3	179	Kine Vee	/ Team Fit2gether		/	15			15

Σ=3

Bikini Fitness Debutant -166

					/				
1	141	Madeleine Eilerås Aasen	/ Team Exit		/	10			10
2	138	Ida Kristine Larsen Høie	/ Team Exit		/	11			11
3	137	Muna Hassan	/ Kaliber Gym FKK		/	13			13
4	139	Eirin Eriksen	/ Team Flex		/	16			16
5	142	Frida-Johanne Hanssen Skevik	/ Edvartsen Athletes		/	24			24
6	140	Sara Paola Herrera Pasos	/ Edvartsen Athletes		/	32			32
7	136	Roxana G. Sandall	/ Haralds Gym		/	33			33

Σ=7

Bikini Fitness Debutant +166

					/				
1	144	Hannah Stenstad	/ Team Fit2gether		/	11			11
2	148	Kine Vee	/ Team Fit2gether		/	13			13
3	147	Emmeli Grønvold	/ Team Exit		/	14			14
4	143	Mette Grindheim	/ Team Exit		/	15			15
5	145	Mari Herum	/ Mecca Fitness Team		/	25			25
6	149	Sofie Solberg	/ Edvartsen Athletes		/	30			30
7	146	Lene Finnestad	/ Team City 24/7		/	35			35

Σ=7

Bikini Fitness Master Åpen

					/				
1	160	Anita Strand	/ Team Fit2gether		/	5	5		5
2	157	Madeleine Eilerås Aasen	/ Team Exit		/	10	11		11
3	153	Jowan Azizpour	/ Team Fit2gether		/	14	13		13
4	155	Sif Holm	/ Team Fit2gether		/	23	21		21
5	154	Marianne Brustad	/ Team Fit2gether		/	22	24		24
6	156	Roxana Sandall	/ Haralds Gym		/	32	30		30
7	158	Chawee Alaburda	/ Team Training Day		/	33			
8	159	Lene Finnestad	/ Team City 24/7		/	40			

Σ=8

Bikini Fitness Junior Åpen

					/				
1	150	Ida Kristine Larsen Høie	/ Team Exit		/	5			5
2	151	Emmeli Grønvold			/	12			12
3	152	Eirin Eriksen	/ Team Flex		/	13			13

Σ=3

Bikini Fitness -164

					/					
	163	Chawee Alaburda	/ Team Training Day		/					
	167	Marianne Brustad	/ Team Fit2gether		/					
	169	Sara Paola Herrera Pasos	/ Edvartsen Athletes		/					
1	164	Sonja Younesi Arghdeh	/ Team Fit2gether		/	5	7			12
2	166	Madeleine Eilerås Aasen	/ Team Exit		/	10	9			19
3	161	Ida Kristine Larsen Høie	/ Team Exit		/	17	18			35
4	165	Muna Hassan	/ Kaliber Gym FKK		/	19	20			39
5	168	Eirin Eriksen	/ Team Flex		/	23	22			45
6	162	Frida-Johanne Hanssen Skevik	/ Edvartsen Athletes		/	30	30			60

Σ=9

Bikini Fitness -169

					/					
	176	Gail Cecilie Langøy	/ Alpha Athletes		/					
	177	Mari Herum	/ Mecca Fitness Team		/					
1	174	Anita Strand	/ Team Fit2gether		/	5	5			10
2	170	Hannah Stenstad	/ Team Fit2gether		/	12	13			25
3	175	Jowan Azizpour	/ Team Fit2gether		/	15	14			29
4	173	Emmeli Grønvold	/ Team Exit		/	18	18			36
5	172	Hanna Pernille Lie	/ Kaliber Gym FKK		/	29	25			54
6	171	Sif Holm	/ Team Fit2gether		/	31	30			61

Σ=8

Bikini Fitness +169

					/					
1	179	Kine Vee	/ Team Fit2gether		/	5				5
2	181	Elise Skjølås	/ Team Toppform		/	11				11
3	178	Mette Grindheim	/ Team Exit		/	14				14
4	180	Sofie Solberg	/ Edvartsen Athletes		/	20				20

Σ=4