

KJØREPLAN NM 2022 - LØRDAG 24. SEPTEMBER

OBS! Kjøreplanen kan endres - sjekk regelmessig for oppdateringer. Sist oppdatert 23.09.2022 Kl.21:00

KLASSER MED 5 ELLER FÆRRE UTØVERE KAN BLI SAMMENSLÅTT

KLASSER MED 6 ELLER FÆRRE UTØVERE GÅR DIREKTE TIL FINALE

START 10:00

1	Mens Physique Junior Åpen klasse - Round 1
2	Mens Physique Master Åpen klasse - Round 1
3	Mens Physique Junior Åpen klasse - Round 2 - Final
4	Mens Physique Master Åpen klasse - Round 2 - Final
5	<i>Award Ceremony - Mens Physique Junior Åpen klasse</i>
6	<i>Award Ceremony - Mens Physique -Master Åpen klasse</i>
7	Mens Physique -173 cm - Round 1
8	Mens Physique -179 cm - Round 2 - Final
9	Mens Physique -173 cm - Round 2 - Final
10	<i>Award Ceremony - Mens Physique -173 cm</i>
11	<i>Award Ceremony - Mens Physique -179 cm</i>
12	Mens Physique +182 cm - Round 1
13	Mens Physique -182 cm - Round 2 - Final
14	Mens Physique +182 cm - Round 2 - Final
15	<i>Award Ceremony - Mens Physique -182 cm</i>
16	<i>Award Ceremony - Mens Physique +182 cm</i>
17	Mens Physique Overall
18	<i>Award Ceremony – Mens Physique Overall</i>
19	Womens Wellness Fitness Master- Round 2 Final
20	Womens Wellness Fitness Åpen klasse - Round 2 Final
21	<i>Award Ceremony - Womens Wellness Fitness Master</i>
22	<i>Award Ceremony - Womens Wellness Fitness Åpen klasse</i>
30 MIN PAUSE	
23	Mens Classic Bodybuilding Junior Åpen klasse - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
24	Mens Classic Bodybuilding Master Åpen klasse - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
25	<i>Award Ceremony - Mens Classic Bodybuilding Junior Åpen klasse</i>
26	<i>Award Ceremony - Mens Classic Bodybuilding Master Åpen klasse</i>
27	Mens Classic Bodybuilding -180 cm - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
28	Mens Classic Bodybuilding +180 cm - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
29	<i>Award Ceremony - Mens Classic Bodybuilding -180 cm</i>
30	<i>Award Ceremony - Mens Classic Bodybuilding +180 cm</i>
31	Mens Classic Bodybuilding Overall
32	<i>Award Ceremony - Mens Classic Bodybuilding Overall</i>
33	Womans BodyFitness Junior Åpen klasse - Round 2 - Final
34	Womans BodyFitness Master Åpen - Round 2 - Final
35	<i>Award Ceremony – Womens BodyFitness -163 cm</i>
36	<i>Award Ceremony – Womens BodyFitness +163 cm</i>
37	Womans BodyFitness -163 cm - Round 2 - Final
38	Womans BodyFitness +163 cm - Round 2 - Final
39	<i>Award Ceremony – Womens BodyFitness -163 cm</i>
40	<i>Award Ceremony – Womens BodyFitness +163 cm</i>
41	Womens BodyFitness Overall
42	<i>Award Ceremony – Womens BodyFitness Overall</i>
SLUTT DEL 1	

START 14:30

43	Mens Bodybuilding Master Open - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
44	Mens Bodybuilding -90 kg - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
45	Mens Bodybuilding +90 kg - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
46	<i>Award Ceremony - Mens Bodybuilding -90 kg</i>
47	<i>Award Ceremony - Mens Bodybuilding +90 kg</i>
48	<i>Award Ceremony - Mens Bodybuilding Master Open</i>
49	Mens Bodybuilding Overall
50	Womens Physique Master Åpen klasse - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
51	Womens Physique Åpen klasse - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
52	<i>Award Ceremony - Womens Physique Master Åpen klasse</i>
53	<i>Award Ceremony - Womens Physique Åpen klasse</i>
54	<i>Award Ceremony - Womens Physique Åpen klasse</i>
55	Mens Classic Physique Junior Åpen klasse - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
56	Mens Classic Physique Master Åpen klasse - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
57	Mens Classic Physique Åpen klasse- Round 1
58	Mens Classic Physique Åpen klasse - Round 2 & 3 - Symmetry, Posedown & Posing routine - Final
59	<i>Award Ceremony - Mens Classic Physique Junior Åpen klasse</i>
60	<i>Award Ceremony - Mens Classic Physique Master Åpen klasse</i>
61	<i>Award Ceremony - Mens Classic Physique Åpen klasse</i>
30 MIN PAUSE	
62	Womens Bikini Fitness Junior Åpen klasse- Round 1
63	Womens Bikini Fitness Master Åpen klasse - Round 2 - Final
64	Womens Bikini Fitness Junior Åpen klasse - Round 2 - Final
65	<i>Award ceremony - Bikini Fitness Junior Åpen klasse</i>
66	<i>Award ceremony - Bikini Fitness Master Åpen klasse</i>
67	Womens Bikini Fitness -162 cm - Round 1
68	Womens Bikini Fitness -166 cm - Round 1
69	Womens Bikini Fitness -162 cm - Round 2 - Final
70	Womens Bikini Fitness -166 cm - Round 2 - Final
71	<i>Award ceremony - Bikini Fitness -162 cm</i>
72	<i>Award ceremony - Bikini Fitness -166 cm</i>
73	Womens Bikini Fitness -169 cm - Round 2 - Final
74	Womens Bikini Fitness +169 cm - Round 2 - Final
75	<i>Award ceremony - Bikini Fitness -169 cm</i>
76	<i>Award ceremony - Bikini Fitness +169 cm</i>
77	Women's Bikini Fitness Overall
78	<i>Award ceremony - Bikini Fitness Overall</i>
SLUTT DEL 2	